

**BARNSELY METROPOLITAN
BOROUGH COUNCIL**



CENTRAL AREA COUNCIL

**SERVICE FOR BUILDING EMOTIONAL
RESILIENCE AND WELLBEING IN
CHILDREN AND
YOUNG PEOPLE AGED 8-14 YEARS**

PROJECT REF:

DATE:

OCTOBER 2016

**RETURN DATE: MONDAY 28th November 2016
TIME: 12 NOON**

DRAFT SPECIFICATION

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SECTION 1

PROJECT OVERVIEW AND SCOPE OF SERVICE

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PROJECT OVERVIEW AND SCOPE OF SERVICE

1.0 INTRODUCTION

- 1.1 Within the overall context of Barnsley's "Early Help and Prevention" approach, Central Area Council wants to commission a Provider to develop and deliver a service for a 3 year period, which offers community based opportunities and activities to build the emotional resilience and wellbeing of children/young people aged 8-14 years old living in the five wards that make up the Central Area. This should include increasing the confidence, self-esteem, attitudes and aspirations of the children/young people involved.

Background information about the Central Area and the Central Area Council can be found at Appendix A.

The service that is developed and delivered should be informed by the views of children/young people living in the area. It should complement existing provision for this age group in the area, link with other services being procured by the Central Area Council and reflect the needs of the children and young people living in the individual 5 wards. The service should include interventions/activities that are fun, innovative, vibrant and high quality and should be delivered during out of school hours in safe, community settings/spaces. The service should deliver programmes of activity that address the specific areas outlined in the Resilience Framework attached at Appendix B.

In developing and delivering this service, the Provider should ensure that it is contributing to the Council's corporate priorities and outcome statements. Sustainability, community support, self-reliance, resilience and reciprocity should, therefore, be built into the service design and delivery. Also and where possible, work experience placements, apprentice opportunities and local labour should be used.

We are also keen to see an increase in community resilience through the involvement of local people, community groups and local social enterprises in this service, not only through volunteering and stakeholder engagement, but also via formal sub-contracting arrangements at a local level, where appropriate.

2.0 BACKGROUND AND CONTEXT

- 2.1 The Central Council Area is a diverse area that is made up of 5 wards, namely Central, Kingstone, Dodworth, Worsbrough and Stairfoot. There are approximately 3,503 children aged 5-10 years and 2,586 children aged 11-15 years living across the area with a range of different needs.

Child poverty and deprivation is one of the most important factors determining health inequalities in childhood and throughout life. Research demonstrates that a child's physical, social and cognitive development during the early years strongly influences their school readiness and educational attainment, their employment chances and general health and wellbeing outcomes through to adulthood and older age.

There is often a complex / cyclical relationship between determinants of health and mental health with exposure to adverse environmental, social and educational conditions leading to increased risk of emotional and wellbeing issues but also that mental health problems can in themselves lead to subsequent deterioration of a person's social, educational, employment and housing conditions.

For children and young people the health and social wellbeing of parents and the family as a whole may impact on a child's or young person's emotional health and wellbeing.

Recent studies do however also provide some interesting findings about the relationship between a child/young person's **subjective** wellbeing and mental health.

Child poverty rates are higher in the Central Council area than the Barnsley average with 24.6% children in the Central area living in low income families and 29.9% of children aged 0-4 years in Central area living in out of work benefit claimant households.

Rates in relation to risk taking behaviour are also higher in Central Council area with smoking prevalence for over 18's at 25.2% and teenage pregnancy rates the highest in the Central Council area.

Against this backdrop of poverty and a marked decline in the provision of Council youth services over the past five years due to budget reductions, there has been an increase in the number of children and young people displaying signs of stress, anxiety and declining mental health and wellbeing with a sharp increase in the numbers being referred to Barnsley's CAMHS service.

Central Area Council members are very aware however that with good mental health, children and young people do better in every way. They enjoy their childhoods, are able to deal with stress and difficult times, are able to learn better, do better at school, navigate the online world they grew up in so they benefit from it and enjoy friendships and new experiences.

They also understand that childhood and teenage years are when mental health is developed and patterns are set for the future. So a child with good mental health is much more likely to have good mental health as an adult, and to be able to take on adult responsibilities and fulfil their potential.

For the past 2 years Central Area Council have contracted with a number of organisations to deliver services to improve the overall health and wellbeing of children and young people aged 8-12 years and 13-19 years.

It is for the reasons outlined above that Central Area Council have decided to further focus their work with children and young people over the next 3 years. Any new service should however build on the positive work that has already taken place with children and young people from across the area since July 2014.

3.0 **STRATEGIC VISION AND VALUES**

3.1 Barnsley MBC's Vision is to '***Work together for a brighter future, a better Barnsley***'

Values include:

Working Together

- We work as "One Council" to do the best that we can for our customers
- We build partnerships and work with others to achieve the best for Barnsley
- We are understanding and supportive of others, respecting and valuing differences

Honesty

- We are open and honest about what we are able to achieve, the decisions we make and how well we are doing
- We are true to our word, reliable and fair
- We are responsible and accountable for our actions

Excellence

- We are committed to quality and value for money
- We learn from our successes and mistakes
- We are flexible, adaptable and respond positively to change

Pride

- We are proud of the work we do and services we deliver
- We are proud to support our communities to make Barnsley a better place
- We are proud of our achievements

4.0 **COUNCIL PRIORITIES AND OUTCOME STATEMENTS**

4.1 In developing and delivering this service, the Provider should ensure that it is contributing to the Council's corporate priorities and outcome statements as outlined below:

Thriving and vibrant communities	Create more jobs and businesses through appropriate provision of business, enterprise and employment programmes to reduce worklessness amongst those currently unemployed and increase skills levels of our current and future workforce
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<p>Supporting resilient communities</p>	<p>Ensure people of all ages have a much greater involvement in designing services and actively participating in improving their lives and Barnsley</p> <p>Support the many benefits of volunteering and foster our many and diverse opportunities for residents to gain new skills and experiences through volunteering</p> <p>Ensure customer services and the citizen experience of access is improved-facilitate greater self-help</p> <p>Engage local communities in helping them shape decisions and services in their neighbourhood</p>
<p>Citizens achieving their potential</p>	<p>Target young people, families and communities who may need extra help in gaining the skills and experience they need to succeed</p> <p>Prioritise the safeguarding of vulnerable children and adults, and ensure that the risk of them getting harmed is kept to an absolute minimum</p> <p>Make the improvement of people's health and wellbeing everybody's business, with an emphasis on prevention and the contribution that all services can make</p> <p>Prioritise the reduction in health inequalities between different parts of the Borough</p> <p>Ensure that the Council plays a strong part in keeping the Borough safe, and work with others to improve community safety</p>

5.0 **SPECIFIC AIMS AND OBJECTIVES OF THE SERVICE, INCLUDING SOCIAL VALUE OBJECTIVES**

5.1

- To build the emotional resilience and wellbeing of children and young people aged 8-14 years.
- To support the prevention of children and young people developing mental health issues
- Respond to recent findings about the relationship between subjective wellbeing and mental ill-health
- Support children/young people through the transition from primary to secondary education

- Work closely with local schools to help encourage those children and young people who need it most, to access the service.
- Provide exciting and stimulating out of school interventions/activities in community settings that will encourage belonging, learning, coping and build the core self of children/young people.
- Provide informal support to young people as part of their transition from primary to secondary school
- Involvement of a diverse range of children/young people in determining the activities to be provided.
- Ensure that a diverse range of young people are encouraged to participate
- Inspire young people to become more confident and esteemed individuals.
- Enable young people to take ownership and make positive life choices.
- Complement existing service provision for this age group in the area.
- Encourage and facilitate youth social action activity and projects
- Highlight and celebrate achievements
- Link with other Central Area Council procured services, to support the overarching aims of area governance shown above.

Under this contract, the successful Provider will be required to actively contribute to the achievement of specific social value objectives. These reflect the vision and corporate priorities of the Council outlined in Sections 3 and 4, and include:

- Provision of local skills development, work experience placements and apprentice opportunities.
- Employment and training opportunities within the locality.
- Collaboration with local Voluntary Community Organisations and Community Groups.
- Increase adult and young people volunteering opportunities in the local community.
- Recruitment and deployment of adult and young people volunteers.
- Development of strong community networks, community self-help and resilience.
- Local spend/use of local supply chains/sub-contracting locally.

6.0 **THE SERVICE/ACTIVITIES TO BE DELIVERED**

6.1 The appointed Provider will develop and deliver an innovative service that:

Complements existing provision for children and young people aged 8-14 years living in the Central Council Area; meets the specified objectives; and delivers the outcomes outlined in Section 9 of this document.

Complements what is happening in local schools.

The service is likely to be made up of a number of out of school interventions/activities that have been identified by children/young people themselves and are delivered in community settings. A minimum of 3 sessions /week/ward should be delivered.

The activities/interventions should have an evidence based rationale for building emotional resilience and wellbeing in children and young people, and should be directly linked to the resilience framework attached at Appendix B.

The service should be tailored to the needs of children and young people living in the individual wards and **may** include provision of the following interventions/activities:

- Activities that address gender specific issues linked to emotional resilience and wellbeing.
- Provide a wide range of positive activities in sport, arts and crafts, music
- Provide after school activities in community settings
- Support and facilitate involvement in youth social action activity/projects eg assistance with clean up days, helping neighbours, older people's visiting schemes
- Street based outreach sessions
- Activities to support the transition from primary to secondary education
- Engagement with, and links to other services being procured by the Central Area Council,
- Work with local media to highlight work taking place, improvements and to change the relationship between community and council
- Use social media to highlight work taking place, improvements and to change the relationship between Community and Council

A programme of planned provision for each ward should be provided to the Central Area Team on a monthly basis throughout the contract.

7.0 **TARGET GROUPS AND/OR AREAS**

- 7.1 The Service is targeted at children/young people aged 8-14 years who live in one of the wards that make up the Central Area Council area.

Elected Members, through their work with communities, understand that some areas in each ward have more challenges than others due to socio-economic factors/ low academic achievement/lack of resources/lack of existing provision etc.

The Service Provider is, therefore, expected to deliver the service to children and young people in the areas of most need and where there is currently a lack of service provision.

8. **EQUALITY IMPACTS**

- 8.1 The successful Provider will be required to ensure that the service is free from bias and acknowledges and respects gender, sexual orientation, age, race, religion, culture, lifestyle and values. If any needs are required as per the Equalities Act, such as language or disability, these needs will be provided for during the term of the contract.

9.0 **SERVICE OUTCOMES**

9.1 The following list outlines the outcomes that the Service Provider is expected to achieve, as a result of the service being delivered.

As part of the tender return, you will be expected to propose your own list of performance measures, targets, baselines and methodology to be used for gathering the data, for each of the outcomes listed.

Final performance measures and targets will be agreed prior to contract commencement. Please refer to Section 2 – Tender Quality Questionnaire.

- Increase in the emotional resilience of children and young people
- Improvement in the subjective wellbeing of children and young people
- Strengthened protective factors for wellbeing in children and young people
- Reduction in anxiety, stress and depression in children and young people
- Improvements in school attendance
- Reduction in referrals to CAMHS
- Improved academic attainment at Key Stage 3
- Increased confidence, self esteem, attitudes and aspirations of children and young people
- Increased social networks, contact and sense of belonging
- Increase in Community Resilience
- Improvement in integration and cohesion in communities

10.0 **PROCUREMENT PROGRAMME**

Activity	Date
Area Council date for Specification Agreement.	17 th October 2016
Tender Live on Yortender	31 st October 2016
Contracts Finder Tender Advertisement	31 st October 2016
Deadline for Tender Queries	7 th November 2016
Tender Return	12midday on the 28th November 2016
Tender Evaluation	29th November – 9 th December 2016
Interviews	w/c 19th December 2016
Tender Report and Approval to Award	w/c 2 nd January 2017

Issue of Letter Intent and Contract	5th January 2017
Standstill period	5 th January 2017-
Contract Lead in Period (inc TUPE arrangements if applicable)	16 th January 2017 – 31 st March 2017
Pre-Contract Meeting	February /Early March 2017
Contract Start Date/ Commencement of locally commissioned services	1 st April 2017
Year 1 Quarter 1 report submitted	July 2017
Y1 Quarter 2 report submitted	October 2017
Y1 Quarter 3 report submitted	January 2018
Y1 Quarter 4 and end of year 1 report submitted	April 2018
Y2 Quarter 1	July 2018

11.0 CONTRACT VALUE AND CONTRACT DURATION

11.1 The total estimated value of this procurement is £390,000, to be run over a 3 year period,
ie £130,000 per annum,

The contract will initially be for a period of 12 months commencing on the 1stApril 2017 with the option to extend the service for a further two periods of 12 months at the discretion of the Central Area Council and subject to:

- The provider's satisfactory achievement/delivery of outcomes, outcome measures and activities/outputs
- The availability of future Area Council funding to fund the additional year (Please refer to 'The Term' of the Contract, contained in Section 4).
- The service being required by the Central Area Council in order to meet its local priorities

The Council will not accept any tender priced above the budget of £130,000 for contract year one (12 month contract) as it will be deemed unaffordable

12. **CONTRACT TERMS AND CONDITIONS**

12.1 See Section 4 – Form of Contract.

13.0 **CONTRACT MONITORING AND RECORDING REQUIREMENTS**

13.1 The Provider will need to be able to demonstrate the effectiveness of the service in terms of delivering the agreed outcomes, outcome measures and targets. There is a key requirement of the provider to:

- Provide a monthly programme of planned activity by ward to the Contract Manager at least 2 weeks before delivery is due to take place.
- Collect, collate and report on a range of agreed indicators on a quarterly basis (see milestones) as part of a quarterly report. This should also include the submission of 2 case studies (group, individual or illustrating good practice/ innovative work) together with supporting photographs.
- Monitoring information by ward and by equality groups will be required as part of the quarterly reporting framework.
- Attend quarterly meetings with the contract manager to discuss the quarterly report and request any additional information/provide clarification, if required.
- An end of year report to be submitted (see milestones)
- An end of Project report and lessons learned to be submitted 3 months before the contract end date.

On- going service service provision will be subject to annual review.

14.0 **QUALITY STANDARDS**

14.1 The Provider will be expected to demonstrate high quality in all areas of service delivery, project management and staff development, ensuring creativity of approach to flexibly meet the needs of children and young people.

It is the Provider's responsibility to ensure efficient delivery of the service contract, ensuring that the manager appointed/nominated for the Service Provider will directly manage all aspects of the Service and ensure that all outcomes and targets are met.

The Provider will ensure that robust policies and procedures are in place to ensure safeguarding, data protection and information governance standards are met. The Provider will also ensure that:

- All staff are equipped with appropriate training, staff development and supervision.

- All staff employed or engaged by the Provider are informed and are aware of the standard of performance that they are required to provide and are able to meet that standard.
- All staff employed or engaged by the Provider will be subject to a DBS check, and an acceptable outcome determined.
- All staff employed or engaged by the Provider must be registered with the appropriate professional body, where applicable.
- The adherence of the Provider's staff to such standards of performance is routinely monitored and that remedial action is promptly taken where such standards are not met.
- For the avoidance of doubt, nothing in this specification is intended to prevent the Provider from setting higher quality standards than those laid down in the Contract.

Additionally:

- The provider will have a robust system for monitoring complaints and suggestions; feedback from service users will inform service delivery.
- The provider will submit an annual report summarising any complaints, investigations and remedial action.

Please also refer to Section 4 – Form of Contract

15.0 **Commissioning/Procurement Officer and Contract Manager Details**

Carol Brady – Central Area Council Manager

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